No Restaurants November

Here are five easy ways you can skip takeout and enjoy more great meals at home.

Plan to Win

Scan the calendar and figure out what's happening this month. Holidays? Birthdays? Work trip? House guests? You can plan these meals in advance and even do some shopping and cooking ahead of time so that it's all easier to do.





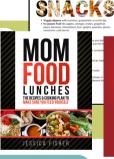


Start the Day Right

Believe it or not, you can make better than the coffee house, fast food restaurant, and the local diner all combined. We've set you up nicely with these mini cookbooks to help you start the day right.

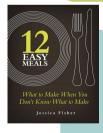
Let's Do Lunch

Whether you spend your days at home or elsewhere, I highly recommend packing your lunch every day. It makes it so much easier to stick to your plans when the food is already prepped!



Easy-on-the-Budget







Honey, What's for Dinner?

That question can strike fear in the heart of many a homecook, especially when there's no plan. Those are the days when take-out or restaurants are hard to say no to. Resist temptation with these easy meals and copycat recipes you can make at home.

Prep It Real Good

Meal prep is not the answer to everything, but when done ahead of needing to feed the people, it can be a golden ticket! This easy Meal Prep Shortcuts Guide walks you through the process from meal plan to meal made.



Get the Eat at Home Tool Kit